Online Safety for you and your family

Information for parents/Cares

Introduction

At Overley Hall School, we're committed to helping you and your family stay safe online. As part of this term's newsletter, we're focusing on:

Safer Internet Day (SID) is a global event designed to help children and families use technology safely and confidently. This year's theme is "Smart tech, safe choices – Exploring the safe and responsible use of AI."

Let's work together to create a balanced and safe digital environment for our children.

What Is Safer Internet Day?

Children today use AI tools such as chatbots, filters, learning apps, and online games more than ever before. This year, SID encourages families to understand how AI appears in children's online lives, help children check if information is real or misleading, and build healthy habits around privacy and safety.

Learn more: Top Tips for parents and carers - UK Safer Internet Centre

Inside this issue

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Special points of interest

- Safer Internet day
- Supporting your young person online
- Sources of Information
- Resources available online

Simple Tips for Parents/Carers

Start regular conversations about online life — listening matters more than knowing every app.

Check privacy settings together to teach children why protecting information matters.

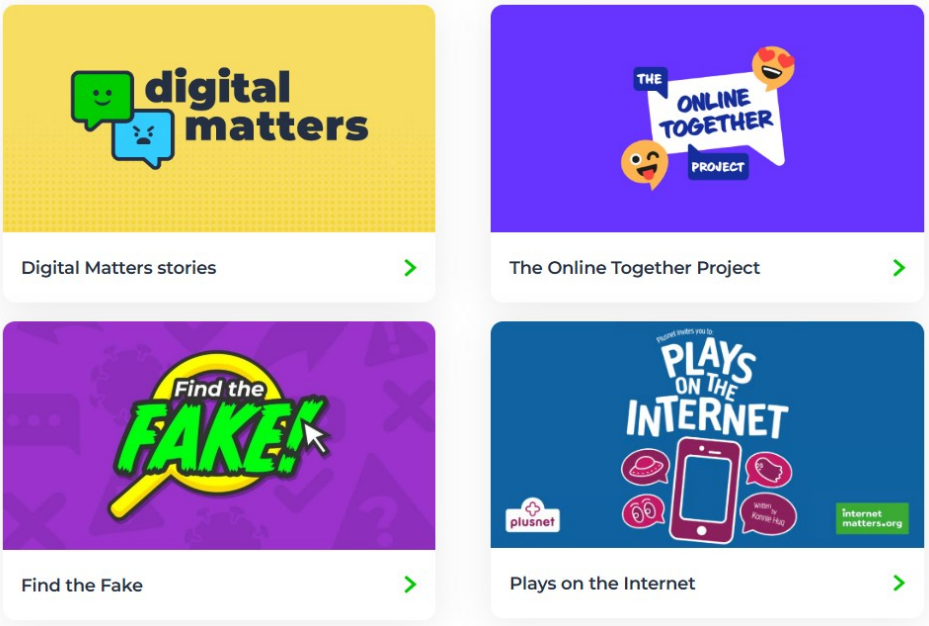
Talk about smart choices: what to do when something feels uncomfortable and how to spot false information.

Reassure your child so they feel safe coming to you with concerns.

Useful Links for Parents/Carers

Internet Matters Parent Guides: https://www.internetmatters.org
SID 2026 Parent Guide: https://www.internetsafeeducation.com/safer-internet-day-2026-what-parents-need-to-know/

Activities & Resources You Can Use at Home



Find the Fake fact-checking activity: https://www.internetmatters.org/
Online safety posters & leaflets: https://www.internetmatters.org/schools-esafety/parent-online-support-pack-teachers/

NetSmartz: Internet Safety: Parents, Guardians & Community

Download (EN)

Descargar (ES)

Critical thinking videos for children: https://www.missingkids.org/netsmartz/resources