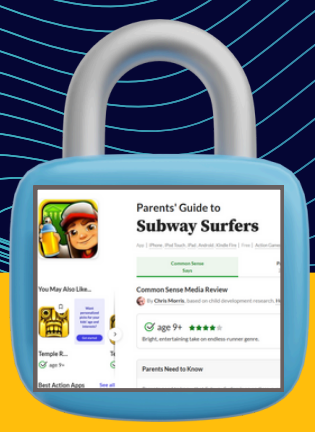
WORCESTERSHIRE VIRTUAL SCHOOL

ONLINE SAFETY NEWSLETTER

NOVEMBER 2025

Click on each of the following boxes to explore the resources in this month's newsletter.
Please feel free to save and share resources with colleagues, families and other professionals as appropriate.

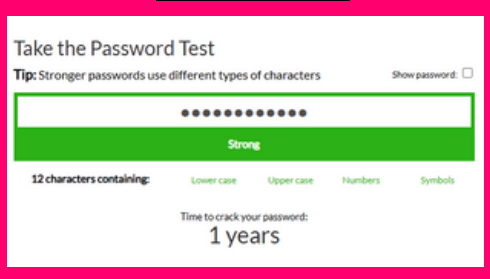


Popular kids' games and apps reviews– Common Sense Media

Search for popular apps and games for key information such as age restrictions, in app/game features, risks to watch out for, 'Parents need to know' tips and kids' ratings. A great place to start in understanding new apps and games.

Try this....

Test the strength of your passwords and find out how long (in theory) it would take to crack them...



Check out this great resource

The STAR toolkit has been developed for use by educators with young people with SEND in Key Stages 3 and 4. The resources could also be used with young people who have no additional needs but who may benefit from a more tailored and structured resource to access messages and advice about online safety risks.

Training Opportunities

Trauma-Informed Language for Practitioners Working with Children and Young People

"Language Matters and Words Have Power, from a Trauma Perspective," presented by the Educational Psychology Service.

How we speak about young people and their lives and experiences matters. In this online program, you'll delve into the psychology of language and its formative role in shaping young people's realities.

Search session code: 92088 here to book

WORTH WARRIOR

Mental Health Support

Worth Warrior is a free app created for young people to manage negative body image, low self-worth, and related early-stage eating difficulties or disorders.

The Worth Warrior app, recommended for ages 12 and above, has been developed for teenage mental health charity stem4 by Clinical Psychologist Dr. Nihara Krause, in collaboration with young people, and uses principles of Cognitive Behaviour Therapy for Eating Disorders (CBT-E).

Get in touch

Ask a question
Request further information about something from a previous newsletter
Suggest a topic to cover on future newsletters
Recommend a useful online safety or mental health and well-being resource
Suggest some great available training.....
or anything else you think would be helpful!

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