

## Overley Hall

### Post 16 Curriculum

‘Building on strengths and interests’



Entry Level Certificate in  
English

Communication

Sports Active

Forest School

OCR Life and Living Skills  
Diploma, Certificate or  
Award

D & T: Product  
Design

Enrichment

Gardening & Workshop

D & T: Food Technology

Recycling

Entry Level Certificate Maths

Work Experience

# Forest School

**Instructor:** EPh

**What is this subject about?** Forest School is an inspirational process, that offers ALL learners regular opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences in a woodland or natural environment with trees. Forest school is a type of outdoor education in which you are encouraged and supported in forests and woodlands, learning personal, social and technical skills. The woodland environment may be used to learn about more abstract concepts such as literacy, mathematics, science and communication. Overley Hall is superbly situated in 11 acres of forest and outdoor areas, a fabulous resource for you to enjoy, learn, and develop, without the social demands so often placed on you in busy communities and classroom environments.

## What do the lessons involve?

- We may explore and discover, have fun
- Experience appropriate risk and challenges such as building shelters
- Choosing to initiate and drive own learning and development
- Play games, cook using the earth oven, story telling,
- Build animal shelters, feed the wildlife, count wildlife
- Develop positive relationships between you and others
- Develop a strong, positive relationship with the natural world

## What may be expected of young people?

- Wear suitable clothing such as, boots and water proof clothing, wear outdoor clothing such as coats and hats
- Listen and with support follow instructions
- Try hard, work safely, be kind to friends, staff and wildlife
- Complete work which may involve taking photographs, completing worksheets, building a portfolio of your work

**What will I be expected to do at home?** Practice your newly acquired skills whenever you are in the forest, building your confidence and helping to raise your self-esteem. To catch up on any work missed or left unfinished with support from staff

**What will I be working towards?** You will have the opportunity to complete a number of AQA Unit Awards which may start and become increasingly challenging for you and your developing skills

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

## My possible progression pathway could include:

- John Muir Award
- Duke of Edinburgh
- Forest School trainer qualification
- Entry level & Level 1 Land based Studies
- Entry level and Level 1 AQA Unit Award Courses

# Sports Active

**Instructor:** DMA

**What is this subject about?** Sports Active is a practical subject that enables ALL pupils to participate in enjoyable, exciting and challenging physical activities. These generate good health, fitness and feelings of contentment. Sports Active provides opportunities for the development of physical, personal, social and cognitive skills. It supports positive thinking, positive actions, co-operation, tolerance and respect for others. Sports Active will promote the undertaking of exercises and learning that can be continued into adulthood as part of a developing a healthy lifestyle.

## What do the lessons involve?

- Developing skills of coordination, control, manipulation and movement
- Enhancing appropriate areas of health and fitness
- Developing physical development
- Developing personal qualities of commitment, fairness and enthusiasm
- Developing the skills of thinking, appreciation and evaluation skills
- Developing resilience and being in competition with yourself and others
- Developing your ability to express yourself and be creative
- Work individually and as part of a team
- Build your self-esteem and self confidence

## What may be expected of young people?

- Increasing your range of skills
- Improving your control and manipulation of objects
- Improving your health and fitness
- Trying and learning about lots of different sports
- Consolidating, securing, turning and developing fluency in whatever movement and skills you require and develop
- Wear suitable clothing
- Try sports such as swimming, horse riding, athletics, yoga, circuit training, games, cycling and gym

## What will I be expected to do at home?

- Practise your newly acquired skills during social activities
- Join outside activities such as swimming, horse riding and dancing
- Go on weekly walks within the local community

## What will I be working towards?

You will have the opportunity to complete a number of AQA Unit Awards which may start which will increasingly challenge you and your developing skills

AQA Unit Award: Horse Riding Skills

AQA Unit Award: Yoga with Support

AQA Unit Award: Fitness Activities

AQA Unit Award: Creative Dance

AQA Unit Award: Skills for Team Games

AQA Unit Award: Swimming Skills

## My possible progression pathway could include:

- BTEC Entry Level 3 /Level1 Sport
- GCSE Sport
- Entry Level AQA Unit Awards

# D & T: Food Technology

**Instructor:** LEv

**What is this subject about?** This subject is about providing you with the skills to help you live as independently, in adult life, as possible with particular emphasis placed on developing shopping skills, kitchen safety awareness, food hygiene skills as well as learning to make simple drinks and meals.

## What do the lessons involve?

- Preparing simple meals
- Lessons will involve planning a food event with support
- Planning and shopping for ingredients with support
- Learning basic safety rules to ensure that food preparation is safe
- Baking biscuits and cakes
- Decorating cakes and biscuits
- Making toasties, sandwiches
- Making drinks as well as serving drinks and food for others

## What may be expected of young people?

- Wearing suitable clothing
- Working in the kitchen environment
- Shopping with support
- Following sequence strips with support
- Baking, cooking, serving, tasting and eating!
- Completing worksheets to show your understanding
- Listening to staff and following instructions with support
- Request support when needed

## What will I be expected to do at home?

- Practice my newly acquired skills
- Build my confidence in a shopping environment
- Build your independent living skills
- Learn to make shopping lists and follow such lists with support
- Build your confidence up in the kitchen

## What will I be working towards?

You will have the opportunity to complete a number of AQA Unit Awards which may start which will increasingly challenge you and your developing skills

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

## My possible progression pathway could include:

- Jamie Oliver Award
- Entry level AQA Unit Awards
- BTEC Food Technology
- GCSE Food Technology
- OCR Diploma in Life and Living Skills Entry 1/Entry 2/Entry 3

## Entry Level Certificate in English

**Instructor:** MPE

**What is this subject about?** Entry Level Certificates are nationally recognised qualifications that give you the opportunity to achieve a certified award for your attainment in English. The assessments will inspire and motivate you but also stretch and challenge you. These qualifications will provide a programme of study which will help you to develop functional skills which will assist you to live as independent and meaningful life as an adult.

**What do the lessons involve?**

- Spoken language tasks
- Developing your presenting skills
- Developing your listening skills
- Developing your love of books and your reading skills
- Developing your writing skills and comprehension skills

**What may be expected of young people?** You will be expected to work hard, listen to the teacher and follow instructions to the best of your ability. To complete literacy topic based tasks around a interest led theme or topic/chosen theme

**What will I be expected to do at home?**

- Read a range of fiction and non-fiction books
- Continue to develop your knowledge of and skills in writing activities
- To communicate with others and build on your vocabulary and literary terminology

**What will I be working towards?** The qualification can be tailored to your needs through silver step or gold step. Silver is aimed at Entry Level 1 and Entry Level 2 students and Gold is for Entry 3 students looking to progress to GCSE

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

**My possible progression pathway could include:** This qualification will also equip you with essential life skills and a progression route for future employment

## Entry Level Certificate in Maths

**Instructor:** LYn

**What is this subject about?** Entry Level Certificates are nationally recognised qualifications that give you the opportunity to achieve a certified award for your attainment in Maths. The assessments will inspire and motivate you but also stretch and challenge you. These qualifications will provide a programme of study which will help you to develop functional skills which will assist you to live as independent and meaningful life as an adult. Maths is a fundamental part of everyday life and it assists in independence particularly in adult life

**What do the lessons involve?** The course is made up of 8 component topics that are accessed by a unit test after you have studied the subjects. The subject content is; Properties of number, The four operations, Ratio, Money, The calendar and time, Measure, Geometry and Statistics. The subjects are taught over a term each and then assessment is completed. Pupils can be entered for the ELC with a minimum of four completed units and will be awarded entry 1, 2 or 3 based on their scores

**What may be expected of young people?** You will learn through a number of mathematical activities, so learning will be fun, engaging and interactive. However, unit tests must be completed under supervised exam conditions and to a set period of time, but you will be fully supported in building up experiences of this to help you to feel confident and calm with reduced anxieties

**What will I be expected to do at home?** To support your learning by completing small homework tasks which can be set to allow parents and carers to help you progress

**What will I be working towards?** An entry level certificate at either level 1, 2 or 3

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

**My possible progression pathway could include:** Entry level courses can lead directly onto Functional Skills or GCSE course as the contents and the syllabus content are progressional

## D & T: Product Design

**Instructor:** CWh

**What is this subject about?** Product Design is a part of Design and Technology and it brings together Resistant Materials and Textiles. This is a practical subject that teaches you to use creativity and imagination to design and make products for yourselves and others. You will use knowledge and skills from other subjects areas such as mathematics, science, computing and art to understand practical process and take part in creative practical activities.

**What do the lessons involve?** Lessons will include learning and developing practical skills in a range of materials such as fabric, wood, metal and plastic. You will experience mark making, joining, finishing and assembling products. You will be encouraged to be creative in your thinking, to test your ideas and to solve problems in order to improve your end product. Making design decisions will include choosing materials based on their colour, texture, characteristics and shape. You will use a range of tools and technology which supports learning and manufacturing, including computer aided design (CAD) and computer aided manufacturing (CAM).

**What may be expected of young people?** You will need to work safely, with support, in the workshop and classroom environment. You will need to make choices as products develop and you will need to watch demonstrations and be prepared to improved your skills through practice. You will be reviewing your and others work, and where possible make suggestions on how the work can be improved in the future. You will use your own interests to inform ideas and may need to collect research to assist in product design.

**What will I be expected to do at home?** You may be expected to bring in artefacts of your choice for discussion. You may need to collect pictures or photos for your designing. Additionally, you may be asked to add colour or pattern to a design.

### **What will I be working towards?**

- Health and safety
- Recognising materials
- Material characteristics
- Applying finish, colour and pattern
- Using tools
- ICT skills
- Creative design
- Researching topics
- Evaluation of products

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

**My possible progression pathway could include:** Life and living OCR skills and entry level award in product design

## Enrichment

**Instructor:** Tutors

**What is this subject about?** Enrichment is about broadening the curriculum into the community for you to experience activities and places. This might include visiting museums or stately homes, enjoying the natural world around us and seeing for ourselves things that are studied in school—for example canals and castles. The enrichment program will change each half term and will be selected to benefit you to build your self esteem, confidence and experience of the real world. Activities will be linked to the programs of study in you have in school and will promote achievement and progress.

**What do the lessons involve?** Lessons would include such activities as; Swimming, Walking, Horse riding, Golf, Water sports, Bowling, Visiting Museums, Tennis, Gym, Bike Riding, Adventure playgrounds, cultural experiences and Shopping

**What may be expected of young people?** You will be expected to listen to instructions and behave in a safe manner while out in the community. You may be encouraged to try new activities, to learn new skills and persevere to improve fitness levels, balance skills or co-ordination. This will be done through accessing sights and environments that will expand your experience of the world and help you to become a more independent young adult

**What will I be expected to do at home?** At home you may need to collect together your clothes or accessories for the planned activities such as hats, gloves and sun cream

**What will I be working towards?** AQA awards will be incorporated into activities where possible or the activities may make up a small part of the school based subject learning

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

**My possible progression pathway could include:** **NEED TO ADD—WRITTEN ON PAPERWORK**



## Work Experience

**Instructor:** AGr

**What is this subject about?** Work experience offers you regular opportunities to achieve and development of confidence and self-esteem through hands-on learning experiences. School based work experience helps you to gain confidence within your familiar surroundings. This can be working on reception, cleaning your bedroom or kitchen duties. You will then also have an opportunity to do work experience in the community such as recycling, going shopping or voluntary in the grounds at the local church and Costa Coffee (to name just a few)

### What do the lessons involve?

- To learn to work co-operatively with others
- To listen to simple instructions
- To develop confidence using office equipment and use the laminator independently
- To answer the main door and greet visitors in an appropriate manner
- To develop confidence walking around the school building
- To develop confidence and become involved in work placements
- To learn to work safely and hygienically
- To use and return appropriate tools safely
- To complete set tasks in allocated time whilst on placement
- To develop confidence to deal with supervisors or customers' requests

### What may be expected of young people?

- Wearing suitable clothing
- Working in the kitchen environment
- Working as a volunteer in the community
- Following sequence strips with support to operate the photocopier and use the telephone

### What will I be expected to do at home:

- Practice my newly acquired skills
- To walk confidently around the school building
- on errands
- To help at Coffee mornings /stalls on Open Day

**What will I be working towards?** You will have the opportunity to complete a number of AQA Unit Awards which may start which will increasingly challenge you and your developing skills

**AQA Unit Award:** School Receptionist with support

**AQA Unit Award:** Progressing Goods Experience For Sale in a Charity Shop with Support

**AQA Unit Award:** Working in a Garden

**AQA Unit Award:** Taking Part In Work

**AQA Unit Award:** Taking Part In Work

**My possible progression pathway could include:** Entry level AQA Unit Awards

## Gardening and Workshop

**Instructor:** CWh & JPo

**What is this subject about?** The subjects are about improving your woodwork and gardening skills. In gardening you are encouraged to follow the growing process from seeds through to plants such as runner bean pods being collected in the Autumn. The seeds are sown, young plants are planted into the vegetable borders and are harvested in the Autumn. In wood work you work on many garden related projects such as wooden benching tables and individual wooden planters which you will later fill with winter or summer plants

**What do the lessons involve?** In gardening you become used to working with seeds (runner beans and broad beans) which are easy to handle. You learn how to use a trowel to plant young plants and you also learn how to work with basic garden tools such as the rake, spade, fork and hoe. You become used to working and pushing a wheelbarrow. In woodwork you make a variety of objects such as bird boxes, bug hotels and hedgehog boxes working in conjunction with Forest School. Everyone makes wooden planters as well as making storage boxes for your rooms. Everyone steadily improves in their confidence when using basic workshop tools

**What may be expected of young people?** To wear suitable clothing such as overalls, wellington boots and aprons. To listen to staff instructions and to follow them to the best of your ability. You must try to work consistently and take part in your work

**What will I be expected to do at home?** To take advantage of opportunities to work in the garden or workshop after school

**What will I be working towards?** There are a variety of AQA awards which you will work towards

AQA Unit Award: 93660

AQA Unit Award: 70868

AQA Unit Award: 72566

AQA Unit Award: 73681

AQA Unit Award: 73680

AQA Unit Award: CE4871

**My possible progression pathway could include:** Entry level AQA's in gardening and woodwork

# Recycling

**Instructor:** DMA

**What is this subject about?** Recycling is the process of converting waste materials into new materials and objects. It is an alternative to the most common waste disposal but can save material and help lower greenhouse gas emissions. Recycling can prevent the waste of potentially useful materials and reduce the consumption of fresh raw materials, thereby reducing: energy usage, air pollution and water pollution

**What do the lessons involve?** Involving teaching staff, you and peers in recycling schemes and in other activities to improve the environment which can be a lot of fun. Educating you about the importance of recycling and the environment provides a path to a greener future for us all

**What may be expected of young people?**

- To become involved in visits to the recycling centres
- To identify and place items into categories
- Complete work which may involve taking photographs and completing worksheets
- Listen with support and follow instructions
- To be aware of health and safety
- To watch DVDs on recycling of items
- To make junk models and complete art activities using recycled items

**What will I be expected to do at home?**

- To continue to recycle when in the home environment, placing them into bags
- To visit the recycling centre
- To join in with art activities using recycled items

**What will I be working towards?** You will have the opportunity to complete a number of AQA Unit Awards which may start which will increasingly challenge you and your developing skills

**AQA Unit Award:** Introduction to Recycling

**AQA Unit Award:** Recycling

support

**AQA Unit Award:** Recycling with

**My possible progression pathway could include:**

work experience

Entry level AQA awards

# Communication

**Instructor:** DMA

**What is this subject about?** Communication is an engaging and exciting subject that offers ALL learners the opportunity to develop your attention and listening skills, your understanding of language, use of language and your social communication skills. A range of strategies and approaches are used within communication including PECS, Makaton, Attention Autism, Intensive Interaction and Sensory Stories. These approaches encourage engagement and demonstrate why communication is so important and useful you in a motivating way. The use of Alternative and Augmentative Communication (AAC) aids is also developed within communication, focusing on particular topics and your interests. You also develop your understanding of letters and sounds and literacy skills.

## What do the lessons involve?

- Learning about letters and sounds
- Learning and using Makaton
- Using individual communication aids (AAC)
- Sensory choosing
- Sensory stories
- Interactive board activities
- Matching
- Attention Autism
- Social skills games
- Turn-taking games
- Problem solving
- Intensive Interaction
- Boogie mites

## What may be expected of young people?

- Participation in group activities
- Using individual communication aids and learning new skills/requests
- Listening to and following instructions
- Exploring a range of sensory activities and requesting them
- Engaging in sensory stories
- Waiting and taking turns with my peers
- Developing imaginative play skills
- Using Makaton to communicate
- Working together with my friends to problem solve

## What will I be expected to do at home?

- Practice your new skills in the community
- Play turn-taking games with peers
- Make choices
- Practice using Makaton

**What will I be working towards?** You will be working towards more independent and spontaneous forms of communication that can help you express yourself in everyday life

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

**My possible progression pathway could include:** Preparation for more independent life in an adult placement as you would be able to communicate your wants and needs

# OCR Life and Living Skills

**Instructor:** CHa & PTr

**What is this subject about?** The subject encompasses and nurtures the student's interpersonal skills and their qualities. It will focus on their creative and emotional wellbeing. You will be encouraged to self-express, make choices and assist them to grow in confidence and maturity. Students will gain insights into independent living skills and knowledge of future pathways to enable them to access to the best of their ability adult life.

**What do the lessons involve?** You will develop knowledge and understanding of:

- . Discovering, promoting and consolidating friendships
- . Taking part in decision making about your lives
- . Actively seek out knowledge of your local community and the people within it
- . Working on drama and communication skills to be able to express emotions and feelings
- . Identifying yourself as a unique individual
- . Developing ways of dealing with everyday problems in life
- . Enhancing your skills needed to work within a team

**What may be expected of young people?**

- . To develop positive behaviours
- . To enhance your knowledge and have first - hand experience of their environment
- . Coping with your emotions
- . Improving your social and interactive skills
- . To have a knowledge of acceptable and unacceptable behaviours in public

**What will I be expected to do at home?**

- . To remember the school values
- . Transfer your independence skills
- . Promote good relationships with respect for others feelings
- . Consolidate the skills your have learnt to uphold positive behaviours
- . Demonstrate social etiquette to the best of your ability in public places

**What will I be working towards?**

- . Self- regulation
- . Life options
- . Career and further education opportunities
- Knowledge of self
- All this will encompass into their final OCR qualification

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

AQA Unit Award:

**My possible progression pathway could include:** The course should offer you the skills to adapt to living in an adult provision and equip them with the knowledge and understanding to help you progress